

# **ANNOUNCEMENTS FOR SUNDAY, JANUARY 31, 2021**

## **HOLY COMMUNION**

Our service of Holy Communion is live-streamed each Sunday at 10 AM on our YouTube channel.

If you would like to receive communion on Sundays, you may come to the church from 11 AM -12 PM, after the service, and Rev. Robin will bring it out to your car.

Please email Robin at [rteasley@christandgrace.org](mailto:rteasley@christandgrace.org) to let her know you plan to come by for communion and she will consecrate it for you that morning. Please email before 8 PM Saturday evening.

If you would like an outside home visit, contact Robin and she will bring communion to you on Sunday after 1 PM.

## **PRAYER LIST**

We beg you to feed the hungry, protect the refugee, embrace the distressed, house the homeless, nurse the sick, and comfort the dying. Especially we pray for Robyn Arrington, Diane Basta, Dale Bateman, Langley Curry, Ronnie Elder, Betty Goodman, Greg Gwaltney, John Haman, Hillary Hettinger, Stacy Hettinger, Theresa Hettinger, Horace Higgins, Jim Hunter, Rawn Hyatt, Sharon Plymire, Lilly Rudd, Yava Scott, Mark Sheffield, Ted Simpson, Patricia Thorpe, Larry Tucker, and Cameron Wilson.

To send a note of encouragement to parishioners on the Prayer List, please use the on line church directory that you can find at [www.christandgrace.org](http://www.christandgrace.org). Contact the church office 733-7202 for the log in password or for additional assistance.

## **ALTAR FLOWERS**

It's time to sign up to sponsor flowers for the altar! While we may not be able to meet in person at this time, we will be live streaming services on YouTube on Sundays at 10 a.m. and need flowers at the altar to the glory of God. Your dedications will be read by the lector and appear in the bulletin.

Contact Lee at [shakubuku42@gmail.com](mailto:shakubuku42@gmail.com) or at 243-3302 with your dedications, or if you have any questions. Thank you for your continued support for beautifying our altar, even in these difficult times.

## **PLEDGE ENVELOPES AND FORWARD DAY BY DAY DEVOTIONALS ARE HERE!**

The church office is open for pickups Wednesdays 10 - 3 pm, Fridays from 9 - 12 pm and Sundays from 11 - 1 pm. Envelopes and Devotionals (February - April) are located on the table outside Lackey Hall. We will be glad to buzz you in or call when you arrive and we will bring what you need to your car.

## **ECW PECAN SALE**

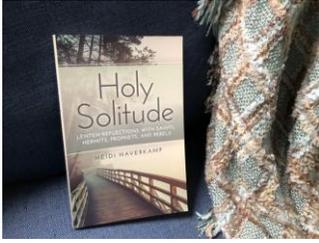
Hurry just three bags left! Mixed Nuts available for purchase at \$10 each. Help the ECW complete their annual Pecan Sale. Your support is most appreciated.

## **BIG BIRTHDAY AHEAD!**

Everyone at Christ and Grace is invited to join in the celebration of Gene Marable's 100th birthday on February 7th. We hope you will send him a card - it can be a birthday card or any note card.

Christ and Grace is also sending him a special gift from all of us.

Gene Marable  
1600 Westbrook Avenue #821  
Richmond, VA 23227



### READING WITH ROBIN+

This Lent, since we are unable to have a Lenten program, it seems a good time to do something a bit more reflective, something we can do at home on our own schedule. I invite you to read along with me using this devotional book - "Holy Solitude" by Heidi Haverkamp, Episcopal priest, writer, and retreat leader.

These Lenten reflections with saints, hermits, prophets, and rebels, are combined with guidelines for ways to incorporate practices we are called to in observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word, as our Book of Common Prayer invites us on Ash Wednesday.

I'll be incorporating portions of "Holy Solitude" into weekly reflections, and other offerings during Lent (stay tuned for more information). If you are interested in forming as a group to discuss this book weekly, please let me know. You may want to go ahead and order the book now to be sure it arrives by February 17, Ash Wednesday.



### AUTHORITY

He taught them as one having authority,  
and not as the scribes.

—Mark 1.27

The word of God is living and active,  
sharper than any two-edged sword,  
piercing until it divides soul from spirit,  
joints from marrow;  
it is able to judge the thoughts and intentions of the heart.

—Hebrews 4.12

Let his word cut into you.  
Not a proposition you should agree with,  
not a doctrine to believe,  
but a revelation that astounds  
with authenticity that rings,  
a seeing of your soul,  
an opening that draws you in,  
a pool you look deep into until you fall.  
With love that overrules any authority on this earth,  
let it take your breath away,  
and give you new breath.  
Let it uncover something in you.  
Let it, with authority, ask of you.  
Let it author a new story in you.

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Steve Garnaas-Holmes  
Unfolding Light  
[www.unfoldinglight.net](http://www.unfoldinglight.net)